Commitment Card

I commit to (choose any or all of the following):

☐ Complete the Starter Kit for myself

☐ Discuss it with a family member or a friend

☐ Have a meaningful conversation with family or others who may be involved when I am receiving end-of-life care

☐ Engage a loved one with the Starter Kit to better understand their wishes

Target date: _______________________ (Month and Year)

Keep this portion for yourself. May it inspire you to give a valuable gift to your family. If you have questions or feel stuck, contact us at: info@theconversationprojectinboulder.org or 303-442-0436 ext. 133

Starter Kits are available at: theconversationprojectinboulder.org

(Leave on the table or chair or hand to your speaker)