

Event date: _____

Printed name _____

E-mail (**PRINT PLS!**) _____

Phone Number: _____

- Mailing list: please add my name so that I receive quarterly news from The Conversation Project in Boulder County
- Please have a **Conversation Coach** contact me to help with getting started.
- It's ok to have someone call just to follow up in a few weeks.

(Leave on the table or chair or hand to your speaker)

Commitment Card



I commit to (choose any or all of the following):

- Complete the Starter Kit for myself
- Discuss it with a family member or a friend
- Have a meaningful **conversation** with family or others who may be involved when I am receiving end-of-life care
- Engage a loved one with the Starter Kit to better understand *their* wishes

Target date: _____ (Month and Year)

Keep this portion for yourself. May it inspire you to give a valuable gift to your family. If you have questions or feel stuck, contact us at:

info@theconversationprojectinboulder.org or 303-442-0436 ext. 133

Starter Kits are available at: theconversationprojectinboulder.org

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Difficult tasks are often best achieved by setting a target date and placing a reminder in visible place (on your mirror, by your computer, on your refrigerator).



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